Athlete's name:_	
Coach:	

CAROLINA ELITE ATHLETICS PRIVATE LESSON CONTRACT

In effect starting July 2025

TYPES OF LESSONS OFFERED

• Stretching / Jumps

Focus on improving flexibility and jumping technique in a routine setting.

Conditioning

Designed to enhance overall cheerleading performance. Strength is essential for stunting, tumbling, jumping, and dancing!

Tumbling

Our most popular lesson. Work on gaining new tumbling skills and perfecting current ones. *Perfection before progression!*

Stunt

Available for both flyers and bases. We'll help with technique refinement for current routines or more advanced skills to prepare you for the future.

LESSON PRICING

• 1 athlete

Tumbling / Conditioning / Jumps / Stretch

30 Minutes: \$45.00 1 Hour: \$90.00

• Shared / 2 athletes

Tumbling / Conditioning / Jumps / Stretch

30 Minutes: \$65.00 1 Hour: \$130.00

Note: Pricing for stunt lessons may vary. Please consult your coach for specific rates.

PAYMENT & CANCELLATION POLICIES

• Membership Requirement:

All athletes participating in private lessons must be registered members of Carolina Elite Athletics. A
\$50 annual membership fee is required for enrollment.

Note: Current Carolina Elite All-Star athletes (Prep, Jr. Elite, and Elite), as well as tumble class athletes, are already considered members.

• Payment Policy:

- o All payment cards will be charged the morning of the scheduled private lesson.
- o Failure to make payment on time may result in the loss of your regular time slot.
- For shared private lessons, payment will be split evenly between participating athletes unless otherwise communicated prior to the lesson.

Cancellation Policy:

- \circ Cancellations made within 24 hours of the lesson are non-refundable and will not be credited.
- o Emergency situations will be handled at the coach's discretion.
- o If cancellations become frequent or abused, the coach may:
 - Cancel all future scheduled lessons, or
 - Offer your time slot to another athlete.

• Coach Cancellations:

If a coach must cancel (due to illness or other unforeseen circumstances), you will be notified promptly, and your account will not be charged for that session.

By signing below, you acknowledge and agree to all terms, conditions and policies listed above.

arent/Guardian Signature:
arent/Guardian Name (Printed):
Pate: